



PATIENT INSTRUCTION - DEXAMETHASONE SUPPRESSION TEST

Note: If there is any likelihood that you may be pregnant, you must notify the staff at the collection centre before making an appointment.

1. Your doctor will give you a prescription for 2 x 0.5 mg Dexamethasone tablets.
2. You are required to have this prescription filled at your pharmacy.
3. Phone the most convenient pathology collection centre to make an appointment.
4. At 11.00 pm on the evening before the test, you must take 2 x 0.5 mg tablets and it is advisable that you have an uninterrupted sleep if possible.
5. The next morning you must attend the collection centre where you made the appointment to have blood collected.