



Medihealth Pathology

Helping you with Health

## Collection Care Information

Collector will confirm the correct identification on request form and tubes during the collection period.



### Patient Instructions:



**NO HEAVY LIFTING**



1. Press firmly on the puncture site for approximately 5 minutes.
2. **DO NOT** lift or carry anything Heavy for 1 hours post procedure.
3. If the area is sore or show bruising, please apply a cold compress **ASAP**.
4. REMOVE band aid approximately 3 hours after the blood test