



PATIENT INSTRUCTIONS - SEMEN ANALYSIS—POST-VASECTOMY

Your doctor has requested examination of a semen specimen to determine the outcome of your recent vasectomy.

**If you have received no other instructions from your doctor relating to semen collection
Please follow the instructions below.**

Collection centres and laboratories are not equipped for semen collections therefore this should take place at home

1. Abstain from ejaculation for 2–7 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Ensure the container is labelled with your surname, first name, date of birth, time and date of collection.
4. Mark the container 'Post-vasectomy'.
5. **Do not refrigerate and keep specimen at body temperature**

Ideally, the specimen should be delivered to the main laboratory within 1 hour of collection