



Medihealth Pathology

Helping you with Health

PATIENT INSTRUCTIONS - SEMEN ANALYSIS–FERTILITY/ POST VESECTOMY

Your doctor has requested examination of a semen specimen in order to assess fertility.

If you have received no other instructions from your doctor relating to semen collection

Please follow the instructions below.

Collection centres and laboratories are not equipped for semen collections therefore this should be collected at home.

Instructions of Collection:

1. Abstain from ejaculation for 2–7 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Ensure the container is labelled with your surname, first name, date of birth, time and date of collection. Mark the container with either 'Post-vasectomy' or 'Fertility'.

NOTE: Do not refrigerate and keep specimen at body temperature, wrap with foil and deliver to main laboratory within 1 hour of collection in order to receive accurate results. If specimen reaches laboratory later than 1 hour of collection it can incur a recollection of specimen.